



# John Madden Company Newsletter

1<sup>st</sup> Edition | April 2015

## Featured Project



### Tuscany Plaza Building

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**Upcoming Concerts:**  
*Fiddler's Green Amphitheatre*

- Completed in 1985
- 270,000 square feet
- Six stories
- Exterior clad in "book-matched" travertine marble from the Mariotti quarry in Bagnes di Tivoli, Italy.

# Walking the Labyrinth – Pondering on the Path of Realization



## DID YOU KNOW?

The main difference between a maze and a labyrinth is that mazes have alternate paths and dead-ends, whereas labyrinths consist of one path in and one path out.

Shakespeare mentioned the use of labyrinths in his work *A Midsummer-Night's Dream*.

There is a labyrinth on the main floor entrance of the Palazzo Verdi. The labyrinth is a replica of the Chartres Labyrinth in France. Which is the most famous Medieval Labyrinth built in the 13<sup>th</sup> century.

## History of Labyrinths

Most people associate mazes with hedges, such as the Hampton Court, with intricate designed pathways to confuse the user. However, mazes are a new invention dating back to the 600s. Labyrinths fall under a category of mazes, dating back worldwide 4000 years ago. Though there are many design patterns and varying shapes and phenomenal use of symmetry, the two most predominant and specific forms utilized are the 'Classical' and the 'Medieval.' The main difference between older labyrinths and new designs is the increase in choices one has to make. The older labyrinths had one opening and one exit, whereas the newer labyrinths have multiple openings that can then intersect others. Labyrinths have been represented in every culture and religious sect. These iconic examples of sacred geometry are accepted today as a spiritual and meditative tool and have been incorporated into alternative medicine due to their perceived healing properties. Some of the earliest examples have been found on coins from Crete from the first early centuries BC symbolizing the Knossos

labyrinth. The Roman Empire utilized Labyrinths as a protective and decorative symbol on the mosaic floors of their buildings while also constructing out doors to have children utilize them as a playground and soldiers for training. However it is in the medieval period when the symbol of a labyrinth began to incorporate the complexities of the medieval mind such as faith, life and philosophy. The most famous medieval labyrinth is the Chartres Labyrinth constructed within the Chartres Cathedral in the early 13<sup>th</sup> century.

By the 19<sup>th</sup> century the wide spread of colonialism allowed for mazes and labyrinths to flourish around the world, at which time the purpose was for family entertainment. The 19<sup>th</sup> century is considered the "labyrinth renaissance".

By the 20<sup>th</sup> century Labyrinths popularity declined while mazes became the innovative design and technological advances for leisure and visitor attractions. However a new generation labyrinths have begun to flourish again.

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There is an estimated 10,000 labyrinths worldwide constructed in the last 25 years.

### History of the Chartres Labyrinth

The origin of the labyrinth is known to have roots in Greek, Egyptian, Celtic, and French cultures, but the location and nature of the original labyrinth is still undetermined. The labyrinth was inlaid in 1220 in Chartres Cathedral, and after hundreds of years, the stone paths of the labyrinth have been worn into narrow grooves from the thousands of visitors who have traveled from all parts of the globe to walk it. Eighty kilometers outside Paris, the Cathedral remains true to its gothic style despite being burned to the ground more than once throughout the centuries starting in 1145 with a blaze that completely decimated the entire structure.

As it stands now, Chartres Cathedral is a hallmark as it was the first cathedral in history that employed revolutionary architectural components such as flying buttresses and high arches installed with ancient cranes. It is also apparent that through the centuries, fourteen streams have converged directly under the choir in Chartres Cathedral, which is an interesting phenomenon concerning sacred geometry and its relevance in nature.



### DID YOU KNOW?

Labyrinths are used worldwide as a way to quiet the mind, recover a balance in life, and encourage innovation and celebration!



### History of the Palazzo Verdi

#### Chartres Labyrinth:

The Palazzo Verdi Chartres Labyrinth premiered in 2008 as an intricate part of the grand atrium. The labyrinth was commissioned by developer John Madden and was constructed by Roger Leitner using peribonka black granite and Colorado sandstone. However unique to this labyrinth, located on the main floor entrance within Palazzo Verdi, is the lack of grout; this method required an advanced application of mathematics to recreate the original version of the eleven-circuit Chartres Labyrinth.

This labyrinth embodies the true essence of Colorado through the use of native materials and master stone craftsmanship. In keeping with the intent of the eminence found in the great cathedrals, the Palazzo Verdi atrium reflects the power of the use of sacred geometry. This is established in the architecture through the integration of Chandelier Chardin by Lonnie Hanzon, Ascension by Todd Siler, and the Chartres Labyrinth by Roger Leitner.

#### Walking the Labyrinth

**Preparation:** Before beginning your labyrinth journey pause at the entrance to take a few deep breaths and close your eyes in order to focus on any aspect of your current life.

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Many see the labyrinth as a time for spiritual growth and personal realization. This short walk may yield your mind's eye at your life's path without the complication of personal doubt and resistance. It is important to realize that there are no set guidelines on what you should ponder during your labyrinth excursion, as the origin of the labyrinth is unknown. Consider the fact that people of various religions and cultures have used labyrinths as a sacred tool of personal contemplation for thousands of years.

**Releasing:** As you enter the labyrinth, focus only on the rhythm of your breath and the path set out before you. The releasing stage is to stray from thoughts that concern your life in the outside world, by doing so it will allow you to focus on the bigger picture through silence of mind and strength of heart.

**Receiving:** Before you reach the center of the labyrinth embrace this moment and take a few more deep breaths to notice any changes in your train of thought. Once you reach the center of the labyrinth, take all the time you need to reflect, meditate or pray and open your mind to enlightenment. It is popular belief that you should ponder a question on the way into the center of the labyrinth, and on the way out possible answers will arrive in an array of thoughts, though this is not a set guideline.

**Returning:** When you are ready to leave the labyrinth, follow the same path back to the entrance, as the return path is just as important as your journey to the center. You may encounter feelings of clairvoyance and closure concerning the issue you were pondering when you entered the labyrinth.

**Exit:** Finally, as you exit the labyrinth take a few minutes to reflect on your experience and consider anything that has articulated within the depths of your conscience.

Feel free to contact Kate Tieman, Director of Events at *Palazzo Verdi at Fiddler's Green*, for a tour of the *Madden Museum* and the *Chartres Labyrinth*, by calling 303-763-1973 or email: [Kate@johnmaddenco.com](mailto:Kate@johnmaddenco.com)

## Upcoming Events

*Palazzo Verdi at Fiddler's Green*

presents:

# Yoga in the Atrium

## April 9, 2015

Contact Kate Tieman, Palazzo Verdi  
Director of Events, by email:  
[kate@johnmaddenco.com](mailto:kate@johnmaddenco.com)

### Energy Yoga event with Gargi

**What:** Energy Yoga is a unique way to hit the "snooze" button on your thinking mind, through a blend of breath-work, movement, meditation, qi-gong, affirmations, visualizations and yoga asana, all flowing as one, designed to give you a deep sense of self connection, internal calm and balance. The combination of energy modalities creates a state of deep moving relaxation that is at once peaceful and dynamic. Allowing even those with the most active minds, a movement based way to refresh and restore.

**By Whom:** Gargi is a life-long yoga and meditation practitioner and teacher. She will share her wisdom as she guides us with breathing and moving meditations.

**For Whom:** All Levels

**When:** Every first Tuesday 6-7:15 PM

**Where:** Palazzo Verdi, Chartres Labyrinth  
in the Atrium

**Cost:** Free for all JMC tenants, \$10 guests

#### What to Bring:

- Wear loose clothing
- Bring a mat or something
- Bottled Water is provided

## Stand Up 4 Transportation

Take a stand and tell Congress how important transportation funding is to our community. Visit [rtd-denver.com](http://rtd-denver.com)

April 9

## Volunteer Opportunities in the Community:

- **Girls on the Run 5K**

Where: City Park, Denver

Date May 09, 2015 6:30 AM-12:00 PM

Contact: 720-879-2354

- **Girl Scouts: Train Volunteers**

Where: Various Locations

When: Will work with your schedule

Contact: 303-778-8774

- **Junior Achievement**

Where: 1445 Market Street Suite 200 Denver, CO 80202

When: Will work with your schedule

Contact: 303-534-5252

- **Englewood Post-Acute and Rehabilitation: Play games with Residents**

Where: 3575 S. Washington Street Englewood, CO 80113

When: Will work with your schedule

Contact: 303-789-2265



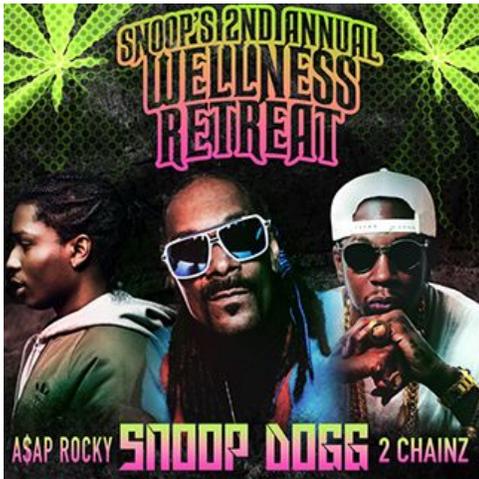
THE MADDEN  
MUSEUM OF ART  
A SPACE FOR  
STUDY AND THE  
ARTS  
AND  
THE PERFECT  
PLACE FOR  
YOUR MID-  
WORK DAY  
BREAK.

[WWW.PALAZZOVERDI.COM](http://WWW.PALAZZOVERDI.COM)

## Kid's Corner

- The Madden Museum of Art is featuring "The Day the Crayons Quit" written by Drew Daywalt, as the book of the month.
- Can you guess Madden's Artist of the Week? (Answer will be in next month's newsletter)
  - **A) Vincent van Gogh**
  - **B) Pablo Picasso**
  - **C) Claude Monet**





**FEATURED SHOW**  
**Monday, April 20, 2015**  
**Show at 5:30 PM**

## Upcoming Events at Fiddler's Green Amphitheatre:

- **Channel 93.3'S Big Gig 2015**  
 SAT, JUL 11, 2015 | Show: 2:30 PM
- **Darius Rucker** with Brett Eldredge, The Brothers Osborn, A Thousand Horses  
 FRI, JUL 17, 2015 | Show: 7:00 PM
- **Train / The FRAY** with Matt Nathanson  
 SAT, JUL 18, 2015 | Show: 7:00 PM
- **Lady Antebellum** with Hunter Hayes, Sam Hunt  
 SUN, JUL 26, 2015 | Show 7:00 PM
- **Fall out Boy / Wiz Khalifa** with Hoodie Allen, DJ Drama  
 WED, JUL 29, 2015 | Show 7:00 PM

## HAPPY BIRTHDAY



**April 12, 2015**

Mr. John Madden will be celebrating his upcoming birthday with friends and family.

## UPCOMING BIRTHDAY?

Palazzo Verdi at Fiddler's Green is the preeminent venue in South Denver where sophistication meets elegance and whimsy. There are three distinct spaces within our venue that would be great for your upcoming birthday party, corporate event, dinner party or wedding. Together we can customize every aspect of your event and truly create an occasion that is unforgettable.

For additional information please contact Kate Tiernan, Event Director at Palazzo Verdi at Fiddler's Green by calling 303-763-1973 or email: [Kate@johnmaddenco.com](mailto:Kate@johnmaddenco.com)



## JMC Tenant Relations

For any questions regarding tenant relations, please contact Priscilla Hall, in person or by phone 303-773-0400. Hall's office is located 6501 South Fiddler's Green Circle, Suite 110 Greenwood Village, Colorado 80111.

## JMC Marketing & Advertisement

If you or your company are interested in advertising opportunities, please contact Genevieve McNally, by phone 720-289-4023 or by email [vieve@johnmaddenco.com](mailto:vieve@johnmaddenco.com)

## Reference:

A Brief History of The Labyrinth. Retrieved April 2, 2015, from <http://www.labyrinthbuilders.com.uk/about-labyrinths/history.html>